

Meditation centers & Zoom meditation

Meditation centers

[Tathagata Meditation Center](#)

Mahasatipatthana Meditation Center
[Homepage](#)

Malaysian Buddhist Meditation Center
<https://www.mbmcmalaysia.org/>

Sayadaw U Pandita (meditation center)
Myanmar
[Panditārāma Shwe Taung Gon Meditation Center](#)

Australia
Panditarama Sydney Meditation Center
[Home](#)

Lumbini, Nepal
[Panditarama Lumbini](#)

Manchester, UK

[Manchester Buddhist Centre: Explore Buddhism and Meditation](#)

Mahasi Sayadawgyi

Myanmar

[Mahasi | Home](#)

USA & Canada
[Vipassana in North America](#)

Europe
[Vipassana in North America](#)

Apps

Sayadaw U Silananda

Sayadaw U Silananda - The Wisdom Experience

<https://share.google/vI6VAWqm9pbL6Mufb>

TBSA (Theravada Buddhist Society of America)

<https://m.facebook.com/groups/211815392200537/?ref=share&mibextid=wwXlfr>

Other western International centers (Theravada Buddhist)

Insight Meditation Society

Insight Meditation Society – Tranquility. Wisdom. Compassion.

Spirit Rock Meditation Centr

Homepage | Spirit Rock Meditation Center

Thai Forest Tradition (Ajhan Chah)

Ajahn Chah Monasteries | Dhammagiri

Clearly Mountain monastery

Clear Mountain Monastery | An Aspiring Buddhist Forest Monastery in the Greater Seattle Area

Spanish

New Washington Group to serve Hispanic People With Buddhist Teachings in Spanish : Northwest Dharma Association

Base for the institute is a recently donated house in Graham, a rural community 45 miles south of Seattle. The group is under the spiritual guidance of Venerable U Nandisena, and is affiliated with the Instituto de Estudios Buddhistas Hispano (Hispanic Institute of Buddhist Studies,) in the Mexican city of Xalapa, in the state of Veracruz.

The **Hispanic Institute of Buddhist Studies** (officially known as the *Instituto de Estudios Buddhistas Hispanoor IEBH*) is an online academic institution founded in Mexico in 2011 to promote the study of the Buddha's teachings in the Spanish-speaking world. [1, 2]

Shan State Buddhist University
Buddhism in Spanish-Speaking World

A passage from the Pāli tradition emphasized the rarity of key existential conditions, including the arising of a Buddha, human birth, access to the true Dhamma, the development of faith, and the opportunity for monastic ordination. These conditions were presented as a framework guiding the mission of the organizations, particularly in creating opportunities for hearing the Dhamma and cultivating confidence in the teaching.

On the occasion of the 70th. Anniversary of the Sixth Buddhist Council

Mr. Velazco's presentation examined the transmission and preservation of the Pāli Canon within the context of the Spanish-speaking world, situating this effort within a broader historical lineage. He began by referring to the Sixth Buddhist Council (Chaṭṭhasaṅgāyana), convened in Yangon between 1954 and 1956, which sought to preserve and standardize the Tipiṭaka. This historical foundation was connected to more recent developments, including the establishment of the Dhamma Vihāra by Venerable U Sīlānanda in 1999, recognized as the first Theravāda monastery in the Spanish-speaking world. The presentation also noted the role of the United Nations Vesak celebrations in 2011 as a catalyst for the formation of a more structured and academic approach to Buddhist dissemination.

Shan State Buddhist University

<https://youtube.com/@shanstatebuddhistuniversit6890?si=9AXIWupRN14QCcuy>

Kamma (video talk in 2024 retreat)

<https://youtu.be/pFsuMrWKW9E?si=6fh-HJ2FwLwvH0Zv>

Mrauk U Sayadaw
Zoom meditation schedule

https://m.facebook.com/story.php?story_fbid=pfbid0py9JCtvKsFx5ZXYwMNovmiVgpuWF17tSS2zbaic3dtScd2UvxrmM5os1qTyrYFVfl&id=100044566893617&mbextid=wwXlfr